

## Gardening For Life

Chances are, you have never thought of your garden - - indeed, of all of the space on your property - - as a wildlife preserve that represents the last chance we have for sustaining plants and animals that were once common throughout the U.S. But that is exactly the role our suburban landscapes are now playing and will play even more in the near future.

If you'd like to support wildlife and biodiversity in your backyard, it's helpful to know what plants have been shown to support the most life.

### **Favorite herbaceous plants for mid-Atlantic butterflies and moths**

<b>Common Name</b>	<b>Plant Genus</b>	<b>Butterfly/ moth species supported</b>
Goldenrod	Solidago	115
Asters	Aster	112
Sunflower	Helianthus	73
Joe pye, Boneset	Eupatorium	42
Morning glory	Ipomoea	39
Sedges	Carex	36
Honeysuckle	Lonicera	36
Lupine	Lupinus	33
Violets	Viola	29
Geraniums	Geranium	23
Black-eyed susan	Rudbeckia	17
Iris	Iris	17
Evening primrose	Oenothera	16
Milkweed	Asclepias	12
Verbena	Verbena	11
Beardtongue	Penstemon	8
Phlox	Phlox	8
Bee balm	Monarda	7
Veronica	Veronica	6
Little bluestem	Schizachyrium	6
Cardinal flower	Lobelia	4

## Favorite woody plants for mid-Atlantic butterflies and moths

Common Name	Plant Genus	Butterfly/ moth species supported
Oak	Quercus	534
Black cherry	Prunus	456
Willow	Salix	455
Birch	Betula	413
Poplar	Populus	368
Crabapple	Malus	311
Blueberry	Vaccinium	288
Maple	Acer	285
Elm	Ulmus	213
Pine	Pinus	203
Hickory	Carya	200
Hawthorn	Crataegus	159
Spruce	Picea	156
Alder	Alnus	156
Basswood	Tilia	150
Ash	Fraxinus	150
Rose	Rosa	139
Filbert	Corylus	131
Walnut	Juglans	130
Beech	Fagus	126
Chestnut	Castanea	125

Our studies have shown that even modest increases in the native plant cover on suburban properties significantly increases the number and species of breeding birds, including birds of conservation concern. As gardeners and stewards of our land, we have never been so empowered to help save biodiversity from extinction, and the need to do so has never been so great. **All we need to do is plant native plants!**

*Bringing Nature  
Home*